

Teen Volunteer Opportunities

Leadership Opportunities

Teen Leadership Club: Alex Fiore Teen Center. Grades 9-12. Teen Volunteer Program. Help staff with recreation programs, social functions and special events. Meets first Tuesday of each month from 7:00-8:30 P.M. teencenterprograms@crpd.com Call (805) 494-5156

Halloween Mud Run: Alex Fiore Teen Center. Grades 9-12. Check in and orientate runners, assist at stations along the race course and serve refreshments. www.thousandoaksteencenter.com Call (805)494-5156

Teen Center Advisory Committee: Alex Fiore Teen Center: High School and Middle School assist in development, promotion and volunteering. teencenterprograms@crpd.com Call (805)-494-5156

Make-A-Wish Foundation of the Tri-Counties: Seeking volunteer wish granters and community representatives. Applicants must be 18 or older for both positions. Bilingual volunteers are urgently needed. www.wish.org Call (805)676-9474

United Way of Ventura County: United Way offers over 100 volunteer opportunities throughout the county. All ages needed. Individuals and companies can browse for specific events at <http://www.vcunitedway.org>. Call (805)485-6288, ext. 226.

Youth Government Program: YMCA, Grades 9-12. The youth government program provides an opportunity to develop leadership skills. Call (805)523-7613

Mentoring

Big Brothers and Sisters: Mentoring for High School teens. Grades 9 - 12. Help with homework, play games activities or just hang out. One year commitment is required. Email, sbell@bbsvc.org or Call 805-484-2282 ext. 32.

Many Mansions: Seeking volunteers to assist with homework and literacy program, Farmers Market Fridays, special events, office administration and fundraising. www.manymansions.org Call (805)496-4948 ext. 44

Straight Up: Youth development program using video, live performances, media advocacy and outreach for peers and parents on binge drinking and its affects.
info@straightupvc.org Call (805)647-4622

Peer Aid

Camp Helping Hands: Looking for Summer Camp Counselors. All high School students in their Junior/Senior year. Earn community service hours for graduation and college entrance. Between 9 a.m. and 3 p.m. July 16th – August 3rd. 2012. Also need counselors for Middle School Outdoor school @ Camp Bloomfield in Malibu. Applications are online or you may send an e-mail for more information.
www.camphelpinghands.com or e-mail at info@camphelpinghands.com Call Tony Held @ (805)497-9511

Youth Emergency Services: Red Cross program seeks high school students interested in helping during disasters and teaching children about safety.
<http://www.redcross.org/en/volunteer> Call (805) 582-8630, ext. 281; or (805) 339-2234, ext. 281

Ventura County Fire Department Office of Community Education: Seeking High School volunteers to assist with fire-prevention programs at events, schools and senior citizen workshops. Volunteers with computer and graphic skills also are needed. A background check is required. Call (805)389-9745.

Girls Empowerment Center: Volunteers of all ages are needed to help with field trip events, basic data entry, marketing materials and fundraising.
<http://www.girlsempowermentcenter.com/> Call (805)341-5735

Healthcare

American Cancer Society: Seeking volunteers to drive patients to and from their treatments. Driver's license, car insurance and clean driving record required. A volunteer coordinator is needed in Ventura. <http://www.cancer.org/Involved/index> Call (800)ACS-2345, in Moorpark Call (805) 529-2530, in Simi Valley Call (805) 527-2375, in Thousand Oaks Call (805) 497-0114 (option 3).

American Red Cross of Ventura County: Disaster volunteers needed of all ages.
<http://www.arcventura.org/index.asp?IDCapitulo=005561PWP7> Call (805) 339-2234, ext. 231.

Assisted Home: Seeking volunteers to visit terminally ill patients and their families in Ventura and Los Angeles counties. Office support is also needed. Training provided. Dagmar Jacobson, Call (805) 677-7405.

Brain Injury Support Group: Volunteers needed for simple office work, organizing activities for brain injury survivors, answering phones and escorting people to the restroom. Call (805) 654-6400, ext. 1273.

Livingston Memorial Visiting Nurse Association and Hospice Volunteer Program: All ages needed to volunteer. No hands-on care, but help patients and their families by running errands and offering relief to caregivers. [www.http://www.livingstonvna.org/](http://www.livingstonvna.org/) Call (805) 642-0239, ext. 775.

Multiple Sclerosis Society: Volunteers are needed to provide health and wellness information and community resources to clients, assist instructors during weekday morning yoga classes and solicit auction items from businesses. <http://www.nationalmssociety.org/index.aspx> Call (805) 682-8783.

National Alliance for the Mentally Ill Ventura County: Volunteers needed to help increase public awareness of the mentally ill and raise funds. Call (805) 641-2426.

Relay for Life: All ages needed. Volunteers sought for American Cancer Society events throughout county. [www.http://www.relayforlife.org/](http://www.relayforlife.org/) Call 1(800) ACS-2345.

St. John's Regional Medical Center and St. John's Pleasant Valley Hospital: The hospitals' auxiliary group is seeking volunteers to assist in public and patient-care areas. Hours are variable and will be scheduled according to volunteer's needs. Bilingual skills are helpful but not required. Also St. John's Pleasant Valley Hospital needs volunteers to help in the gift shop. [www.http://www.stjohnshealth.org/](http://www.stjohnshealth.org/) Regional Medical Center Call (805) 988-2627. Pleasant Valley Hospital Call (805)389-5651 or (805)445-4102.

Los Robles Regional Medical Center: Volunteers may apply at 16. Volunteers needed to work in the office, delivering, front desk and the cash register. All proceeds are given back to community. [www.http://www.losrobleshospital.com/](http://www.losrobleshospital.com/) Call (805)370-4685.

Shop Ahoy: Seeking volunteers to shop for or deliver groceries and medication to people in Ventura, Oxnard, Port Hueneme, Santa Paula, Camarillo, Thousand Oaks and Simi Valley. Volunteer hours are flexible. [www.http://shopahoy.org/](http://shopahoy.org/) Call (805) 659-1530.

Silverado Hospice: Volunteers sought to provide in-home support to patients and their families and to assist with clerical work in Westlake Village and Simi Valley. Call (888)328-6636.

Susan Love MD Breast Cancer Research Foundation: Needs volunteers to help with office support, events, public relations and grant research. Training provided. <http://www.dsrlf.org/index.asp> Call (805)654-9800.

TLC Home Hospice: Seeking volunteers to help care for the terminally ill in Ventura County and the San Fernando Valley. <http://tlchomehospice.com/volunteer-support.html>
Call (805)517-1620.

Turning Point Foundation: Enthusiastic, compassionate persons are needed to work with the mentally disabled at this nonprofit rehabilitation center in Ventura and Oxnard. All ages needed. http://www.turningpointfoundation.org/volunteer_form.html Fill out form online to volunteer. Or Call (805)815-9408

Animals

California Coastal Horse Rescue: Volunteers are needed to help with caring for horses, facility maintenance, fundraising, public education, administrative duties and special events. Volunteers are asked to serve five to 10 hours per month.
[www.http://www.calcoastalhorserescue.com/](http://www.calcoastalhorserescue.com/) Call (805)649-1090.

Canine Adoption and Rescue League: Seeking volunteers to walk, transport and socialize dogs; provide administrative support; and help with activities, fundraising, public interface and laundry. [www.http://carlvc.org/](http://carlvc.org/) (805)652-1001

H.A.R.T. Senior Dog Rescue: Westlake Village based nonprofit dog rescue organization, seeks volunteers (16 years and older) to assist at monthly mobile adoptions. All duties revolve around the care and comfort of older dogs (ages 7+) in a busy retail setting. Heavy emphasis placed on compassionate dog interaction, including walking, petting, hugging, brushing and cleanup. Must be willing to take direction. A four hour minimum commitment is needed. Training provided. (805)677-5541

L.I.F.E. Animal Rescue: Volunteers 18 and older are needed to clean cat cages and play with pets once per week. Volunteers 14 and older can help with adoption days.
<http://www.lifeanimalrescue.org/pages/adopt.html> or call (818) 707-2007 (dog) or (818)707-6186 (cats).

Ride On Therapeutic Horsemanship: Seeking volunteers 14 and up to groom and tack horses; gardening; maintenance; help with public relations and fundraising; and assist disabled riders during lessons Tuesdays through Saturdays. Training is provided.
http://rideon.org/volunteer_opportunities.html Newbury Park, (805)375-9078; Chatsworth, (818)700-2971.

Wildlife Care of Ventura County: Seeks volunteers to help care for orphan opossums that must be tube-fed twice a day and commuters to transport wildlife to and from cities such as Simi Valley, Burbank, Ojai, Camarillo, Woodland Hills and Santa Clarita.
[www.http://wildlifecareofventura.org/](http://wildlifecareofventura.org/) (805)498-2794, 58911, (805)498-8653.

WildRescue: Seeks volunteers to help rescue and transport injured wild animals.
[www.http://wildrescue.org/](http://wildrescue.org/) or call (818)222-9453

Office

Conejo Free Clinic: Seeking someone with knowledge of Quickbooks to volunteer one hour a week at the clinic and serve as bookkeeper. [www.http://www.conejofreeclinic.org/](http://www.conejofreeclinic.org/) or call (805)379-1918

Ventura County Arts Council: Seeking a data entry volunteer to create a database primarily for newsletter mailing list. Must have PC with Microsoft programs and proficiency in Microsoft Excel or Microsoft Access.
[www.http://venturacountyartscouncil.org/](http://venturacountyartscouncil.org/) (805)658-2213

Shop

Assistance League of Ventura County: New member volunteers needed to assist in fitting school clothing for underprivileged children and staffing the ALVC resale shop.
[www.http://venturacounty.assistanceleague.org/dcontact.cfm](http://venturacounty.assistanceleague.org/dcontact.cfm) (805)643-2458

Camarillo Ranch House: Seeking volunteer docents to lead special events, offer educational tours and visit historical sites in the area. Also needed are volunteers to assist in the gift shop, with gardening and with clerical work.
[www.http://www.camarilloranch.org/](http://www.camarilloranch.org/) (805)389-8182

Senior Concerns Bargain Boutique & Thrift Shop: Seeking volunteers for stocking merchandise and for working three-and-a-half hour shifts once a week in its shop at 80 E. Hillcrest Drive. Sales are major source of income for Senior Concerns programs.
<http://www.seniorconcerns.org/> aspx (805)373-0504

Stagecoach Inn Museum: Volunteers needed to give tours, help children with hands-on activities and work in the gift shop and gardens. [www.http://stagecoachmuseum.org/](http://stagecoachmuseum.org/) (805)498-9441

Special Needs

Conejo Recreation and Park District Therapeutic Recreation Program: Seeking adults and teens to assist staff in programs serving people with disabilities. Volunteers are needed to assist in the water with Special Olympics swim team Wednesday afternoons at YMCA pool in Thousand Oaks. www.crpd.org (805)381-2739.

Braille Institute: Seeking volunteers for a variety of services, especially driving visually impaired students to and from classes. No experience necessary. [www.http://www.brailleinstitute.org/](http://www.brailleinstitute.org/) (805)682-6222

Conejo Valley Friendship Circle: Seeks teens to help children with special needs and their families. Training sessions take place in Agoura Hills. <http://www.friendshipcircleca.org/> (818)865-2233

PAUSE4Kids: Volunteers are needed to help with programs for children with special needs, including art expression classes and social skills camps. Other opportunities include administrative help, grant writing, research, fundraising and writing press releases. (805)497-9596

Nature/Gardens

Santa Monica Mountains Fire Cadet Program: Are you interested in Fire Fighting? Would you like to volunteer in the mountains doing off-road fire prevention and defense? The Fire Dept. is starting a new cadet program for 15-18 year old students. This is a great opportunity for students to get a foot in the door in the fire service industry, as well as learning time management, professionalism, etc. This looks great on college applications! E-mail Cassandra Sanidfer @ csandifer@conejo.k12.ca.us

Conejo Valley Botanic Garden: Seeking volunteers to help with planting, maintenance, irrigation, propagation and leading children's groups on walks. Also need help preparing newsletters or fliers. [www.http://conejogarden.org/](http://www.conejogarden.org/) (805)494-7630.

Los Padres National Forest: Seeking volunteers from 9 a.m. to 3 p.m. the first Saturday of each month to help with upkeep of local trails. [www.http://lpforest.org/](http://www.lpforest.org/) (805)646-4348, ext. 309.

National Park Service EcoHelpers: Volunteers will guide high school science students on weekday mornings in the Santa Monica Mountains National Recreation Area in weeding, planting and ecology lessons. The two-hour field trips are at Solstice Canyon and Rancho Sierra Vista/Satwiwa. <http://www.nps.gov/samo/forteachers/ecohelpers.htm> (805)370-2314

Oakbrook Park Chumash Interpretive Center: Volunteers sought to help with third-grade Chumash education program, 10 a.m. to 1 p.m. Tuesday through Friday in Thousand Oaks. Help also needed at front desk and gift shop, noon to 3 p.m. Tuesday through Friday. Docent training class being organized.

[www.http://www.chumashcenter.org/](http://www.chumashcenter.org/) (805)647-4823

Western Alliance for Nature: Seeking volunteers to help protect the nests of Ormond Beach's endangered birds, the least tern and snowy plover. Volunteers distribute brochures and explain boundaries to beachgoers who inadvertently trespass into nesting areas. [www.http://www.wanconservancy.org/homepage.htm](http://www.wanconservancy.org/homepage.htm) (805)488-7988.

Child Care

Conejo Valley Neighborhood for Learning: Seeking volunteers to help in the office and with child care during parenting classes. [www.http://cvnfl.org/](http://cvnfl.org/) (805)496-9035.

Food

FOOD Share: Ventura County's regional food bank is seeking volunteers to help feed the hungry in Ventura County. Available positions are order fillers, counter help, gleaners, food sorters and cooks. [www.http://www.foodshare.com/](http://www.foodshare.com/) (805)983-7100, ext 105.

Meals on Wheels: Seeking volunteer drivers one hour per week to deliver meals to housebound residents in Westlake Village, Agoura Hills and Oak Park. Westlake Village, (805)370-4295; Conejo Valley, (805)496-2009.

Temple Beth Torah: Seeking volunteers to be a Shabbat greeters or help ill members cook and drive. [www.http://www.templebethtorah.com/](http://www.templebethtorah.com/) (805)643-3854, (805)672-2464, (805)547-4181.

Construction

Habitat for Humanity: Seeking office volunteers and skilled and unskilled hands on construction crews. Families, squadrons, congregations, businesses and individuals are welcome to volunteer. <http://www.habitat.org/getinv/volunteer>. (805)485-6065.

Miscellaneous

Friends of the Civic Arts Plaza: Seeking volunteers to help support theater activities.
<http://www.toaks.org/theatre/friends>. (805)449-2741

Ronald Reagan Presidential Library and Museum: www.reaganlibrary.com.
Accepting applications for docents to be trained to provide information to the public and
lead museum tours. <http://www.reaganfoundation.org/> (805)577-4059

The Sewing Circle: Volunteers are needed to sew or knit. The group furnishes layettes to
newborns in need. (805)987-1653 or (805)987-3128

Thousand Oaks Library: Volunteers sought to work in Library Foundation Gift Store.
Several openings available for youths in the Teen Volunteer Program. Call for
information or an application. <http://www.toaks.org/library/> (805)449-2660, ext. 225.