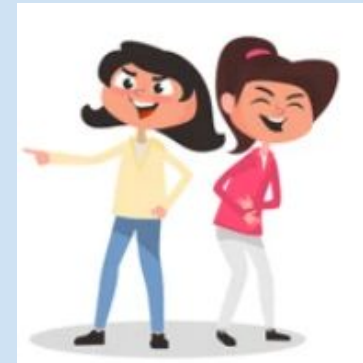


Conflict and Communication



A CONFLICT
is...

- Struggle or Problem between two or more people
- Equal balance of power
- There is a possible solution

A MEAN
MOMENT
is...

- Being mean or hurtful to someone on purpose
 - Isolated event
 - Not ongoing
- Doesn't happen regularly

TEASING is...

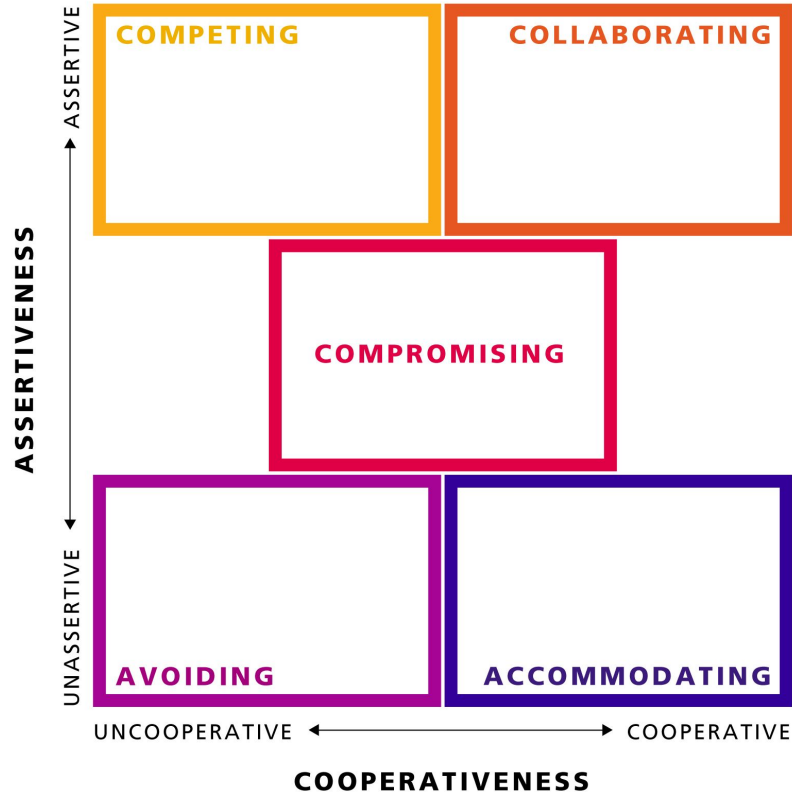
- Friends or classmates are having fun with each other
- Both participate equally
- Both are happy
- Nobody is getting hurt

If it stops being fun/funny/equal it can lead to conflict or bullying

BULLYING
is...

- Repeated/Ongoing
- Unwanted, aggressive behavior
- Real or perceived power imbalance
- Has been told to stop and has not stopped the behavior
- Leveling

Conflict Styles





Competing

The goal is
“to win”

You stress your position without considering opposing points of view. Someone gets hurt. No solutions found

Being assertive and cooperative. Attempting to work with others to find a solution. Both sides can get what they want!



Collaborating

The goal is
“to find a win-win
solution”



Avoiding

The goal is
"to delay"

Low assertiveness and low cooperativeness.

To delay or buy time

Putting the other needs before one's own.

Allow them to 'win' and get their way. Neglecting your own needs?

Accommodating

The goal is
"To yield"



Compromising

The goal is
"To find a middle ground"



Aims to find a
Mutual/ acceptable solution
Not everyone wins but can agree on decision
Maintains some assertiveness and
cooperativeness



Bullying might start with conflict but it's NOT conflict!



- Speak up
- Use humor
- Don't fight back
- Ask them to stop
- Show confidence
- Tell a trusted adult
- Follow your instincts
- Ignore them or walk away
- Talk to an administrator
- Don't Gossip



Game Show

<https://wordwall.net/resource/19295235>

Spin the Wheel

<https://wordwall.net/resource/10265233>